

Lala Lajpat Rai Memorial Medical College Meerut

This is to say the Time tables of the Institute LLRM Medical College, Meerut, Uttar Pradesh are Original, verified by the Curriculum Committee and not copy pasted from any other Institute.



Dean/Principal,
LLRM Medical College,
Controller of central evaluation, CCSU,
Meerut.



PRINCIPAL
L. L. R. M. MEDICAL COLLEGE
MEERUT

From,
Principal & Dean,
LLRM Medical College,
Meerut.

To,
Dr. Deepa Singh,
Co-Convener, NMC Regional Centre,
NMC Task Force, UP/UK Incharge.

No./SC-I/2021/ 807



Dated: 03-02-2021

Subject: NMC Task Force UP/UK- submission of revised foundation course and regular time table for MBBS phase I Batch 2020-21.

Madam,

I am hereby sending scanned & signed copy by Dean of revised foundation course & regular time table for MBBS Phase I Batch 2020-21 of LLRM Medical College, Meerut- (UP) for approval. Kindly receive the same.

Thanks & Regards.


Principal & Dean Academics
LLRM Medical College
Meerut- (UP) 

CONVENER- Dr. Gyanendra Kumar(Dean)
Curriculum committee Member in charge- Dr. Preeti Rathi
Clinical Coordinator-Dr. Rachna Chaudhary
Dr. Seema Jain (MEU in charge Supervising faculty)

Foundation Course Coordinator- Dr.Vinay Agarwal , Physiology
Foundation Course Coordinator- Dr Antima Gupta , Anatomy
Foundation Course Coordinator- Dr.Keerti Rastogi. Biochemistry

L.L.R.M. MEDICAL COLLEGE, MEERUT
Time Table for Foundation Course MBBS Batch (2020-21)
Conducted by department of Anatomy, Biochemistry & Physiology

Date	Day	09:00 AM - 01:00 PM	11:00 AM - 01:00 PM	01:00 PM - 02:00 PM (Lunch Break)	02:00 PM - 05:00 PM	
27.01.21	Wednesday	<p style="text-align: center;">Welcome address by DEAN (Dr. Gyanendra Kumar)/SIC (Dr. kalash Nath Tiwari/ Dr. Rachna Chaudhary)</p> <p style="text-align: center;">In presence of All HODs/Officer Incharge Hostel Wardens (COLLEGE AUDITORIUM)</p> <p style="text-align: center;">Orientation about college and hospital, Self intro by students, Video of College</p> <p style="text-align: center;">FC 1.3 Discuss and appreciate the expectations of the students from the Nation, society, Institution, peers,colleagues and patients and vice versa</p> <p style="text-align: center;">FC 1.4 Demonstrate understanding of the rules and regulations of the institution</p> <p style="text-align: center;">.White apron ceremony by first professional Head of Depts. and guests (Dr. Gyanendra Kumar) (Doctors are social Physician) (On Importance of wearing apron by doctor)</p> <p style="text-align: center;">COLLEGE AUDITORIUM Administration of Hippocratic Oath: Dr. Antima Gupta</p> <p style="text-align: center;">FC 4.2 Demonstrate understanding that compassion, altruism, integrity, duty, responsibility and trust are the core values that defines the nature of the physician's work</p>		<p style="text-align: center;">Anatomy/Physiology/Biochemistry</p> <p style="text-align: center;">Visit/Trip</p> <p style="text-align: center;">A. How to use Central library, e-library and Computer Room Santosh Kumar /Devender Negi to show</p> <p style="text-align: center;">HOD Biochemistry</p> <p style="text-align: center;">B. Trip to college campus on bus.Boys hostel/Girls hostelSports and Physical activity, Yoga room visit</p> <p style="text-align: center;">HOD Physiology</p> <p style="text-align: center;">C. Visit to Hospital</p> <p style="text-align: center;">HOD Anatomy</p> <p style="text-align: center;">FC 1.5 Orient themselves to the college campus, facilities,faculty, administrative structure, support systems and processes of the institution</p>		
28.1.21	Thursday	<p style="text-align: center;">Introduction by teacher Mentors Dr. Preeti Rathi Dr. Antima Gupta Dr. Vinay Agarwal Dr. KirtiRastogi COLLEGE AUDITORIUM</p>	<p style="text-align: center;">Functions and Attributes of Doctors Dr. Vinay Agarwal</p> <p style="text-align: center;">FC 1.1 Demonstrate understanding of the role of doctors in the society and their impact</p>	<p style="text-align: center;">Visit/Trip</p> <p style="text-align: center;">A.How to use Central library, e-library and Computer Room</p> <p style="text-align: center;">Santosh Kumar /Devender Negi to show</p> <p style="text-align: center;">HOD Biochemistry</p>		


 PRINCIPAL
 L. L. R. M. MEDICAL COLLEGE
 MEERUT

		<p>FC 1.7 Demonstrate understanding of the overview of MBBS curriculum, its structure and outcomes and its relation to the career pathways.</p>	<p>FC 1.2 Demonstrate understanding of the Roles of an Indian Medical Graduate and relate it to the societal impact</p>	<p>LUNCH BREAK</p>	<p>B.Trip to college campus on bus. Boys hostel/Girls hostel Sports and Physical activity , Yoga room visit</p> <p>HOD Physiology C.Visit to Hospital HOD Anatomy</p> <p>FC 1.5 Orient themselves to the college campus, facilities, faculty, administrative structure, support systems and processes of the institution</p>
29.1.21	Friday	<p>History of Modern Medicine Dr. T.V.S. Arya</p> <p>Dr. Lalita Chaudhary</p> <p>FC 1.10 Demonstrate awareness of the History of Medicine and alternate systems of Medicine</p>	<p>Reflections from Students (DISCUSSIONS AND PRESENTATIONS)</p> <p>Dr. Lalita Chaudhary</p> <p>Dr. Preeti Rathi</p> <p>FC 1.3 Discuss and appreciate the expectations of the students from the Nation, society, Institution, peers, colleagues and patients and vice versa</p>	<p>LUNCH BREAK</p>	<p>Visit/Trip</p> <p>A. How to use Central library, e library and Computer Room Santosh Kumar /Devender Negi to show</p> <p>HOD Biochemistry</p> <p>B. Trip to college campus on bus. Boys hostel/Girls hostel Sports and Physical activity , Yoga room visit</p> <p>HOD Physiology C. Visit to Hospital HOD Anatomy</p> <p>FC 1.5 Orient themselves to the college campus, facilities, faculty, administrative structure, support systems and processes of the institution</p>
30.1.21	Saturday	<p>Career Pathways</p> <p>Vision from HOD's (Clinical Departments)</p> <p>Dr. Abhilasha Gupta, /Dr Urmila Karya- Gynae</p> <p>Dr. Lokesh Singh, Optha</p> <p>Dr. Sudhir Rathi/ Dr. Dheeraj Balyan Surgery</p> <p>Dr. Vijay Jaiswal, Peadiatrics</p> <p>Dr. Gyaneshwar Tonk</p> <p>FC 1.6 Discuss the various career pathways and</p>	<p>Health Care Delivery System in India</p> <p>Dr. Yogita, Medicine</p> <p>Dr. Shweta, Medicine</p> <p>Dr. Seema Jain</p> <p>FC 1.8 Demonstrate understanding the role of physician at various levels of Health care delivery</p> <p>FC 1.9 Discuss the principles of family practice</p>	<p>LUNCH BREAK</p>	<p>Visit/Trip</p> <p>A. How to use Central library, e library and Computer Room Santosh Kumar /Devender Negi to show</p> <p>HOD Biochemistry</p> <p>B. Trip to college campus on bus. Boys hostel/Girls hostel Sports and Physical activity , Yoga room visit</p> <p>HOD Physiology</p> <p>C. Visit to Hospital</p> <p>HOD Anatomy</p>

		opportunities for personal growth FC 1.7 Demonstrate understanding of the overview of MBBS curriculum, its structure and outcomes and its relation to the career pathways	FC 3.3 Demonstrate understanding of the health care systems in India with reference to primary, secondary and tertiary level care		FC 1.5 Orient themselves to the college campus, facilities, faculty, administrative structure, support systems and processes of the institution	
31.1.21	Sunday	Yoga, Pranayama & Meditation Session All Preclinical Departments (Anatomy, Physiology, Biochemistry)	Yoga, Pranayama & Meditation Session	LUNCH BREAK	Sports Activity	Sports Activity
2.2.21	Tuesday	<p align="center">Family Physician and Community Based Care Dr. Tanveer Bano, Dr Arun Kumar & Dr. V. D. Pandey, Dr Vidit (Anatomy Deptt.) FC 1.9 Discuss the principles of family practice FC 1.8 Demonstrate understanding the role of physician at various levels of Health care delivery FC 3.6 Demonstrate ability to obtain patient experiences through patient and family interactions and relate these experiences to impact of environment and diseases. FC 4.4 Discuss the significance of working in a health care Team FC 4.6 Demonstrate understanding and respect of cultural diversities and interact with those with different cultural values</p>				4.00 PM TO 5.30 PM
6.2.21	Saturday	<p align="center">Sports activities (Cricket/ Football/ tennis/ basketball) - Dr. Dheeraj Baliyan Dr. Lalita Chaudhary Dr. Virender Kumar</p>				4.00 PM TO 5.30 PM
7.2.21	Sunday	<p align="center">Language & Computer Skill Batch B: Computer Skills: Lecture cum hands on workshop- Basics of Microsoft Excel, Powerpoint: Batch A: Humanities/English Language (Dept of English Language- Central Library and College Counselling Room above Principal Office)</p>				10.00 AM TO 01.00 PM
09.2.21	Tuesday	<p align="center">First Aid Surgery + Universal Precautions Dr. Vipin Dhama Dr. Yogesh Manik Dr. Virender Kumar Dr Megha, Dr Alka Srivastava (Physiology) FC 2.3 Follow bio-safety and universal precautions FC 2.5 Demonstrate proper hand washing and use of personal protective equipment FC 2.6 Demonstrate appropriate response to needle stick injuries Biomedical Waste Management Dr. Vinod Chaurasia FC 2.4 Demonstrate handling and safe disposal of Biohazardous materials in a simulated environment FC 2.7 Demonstrate Biomedical Waste segregation (BMW), observe and explain the process of management of BMW in accordance with National Regulations</p>				2.00 PM TO 5.00 PM
13.2.21	Saturday	<p align="center">Sports activities (Cricket/ Football/ tennis/ basketball) - Dr. Dheeraj Baliyan Dr. Lalita Chaudhary Dr. Virender Kumar</p>				4.00 PM TO 5.30 PM
14.2.21	Sunday	<p align="center">Language & Computer Skill</p>				

		Batch B: Computer Skills: Lecture cum hands on workshop- Basics of Microsoft Excel, Powerpoint:	10.00 AM TO 01.00 PM
		Batch A: Humanities/English Language (Dept of English Language- Central Library and College Counselling Room above Principal Office	
17.2.21	Wednesday	Empathy with Patient in Pain Dr. Rachana Choudhary Dr. Vandana Dr Sonali (Biochemistry) FC 4.1 Demonstrate understanding of the concept of Professionalism and ethics among health care professionals and discuss the consequences of unprofessional and unethical behavior FC4.3:Empathy with Patients in pain, and handling trust and responsibility as doctors FC 4.2 Demonstrate understanding that compassion, altruism, integrity, duty, responsibility and trust are the core values that defines the nature of the physician's work	4.00 PM TO 5.30 PM
20.2.21	Saturday	Sports activities (Cricket/ Football/ tennis/ basketball) - Dr. Dheeraj Baliyan Dr. Lalita Chaudhary Dr. Virender Kumar	4.00 PM TO 5.30 PM
21.2.21	Sunday	Language & Computer Skill Batch B: Computer Skills: Lecture cum hands on workshop- Basics of Microsoft Excel, Powerpoint: Batch A: Humanities/English Language (Dept of English Language- Central Library and College Counselling Room above Principal Office	10.00 AM TO 1.00 PM
23.2.21	Tuesday	Documentation Round to Hospital Dr. Yogita Dr. Shivam agarwal Dr. Manish Saini Dr. Pratibha Dr. Anshu Tandon (Physiology Deptt.) FC 2.9 Demonstrate awareness of significance of documentation in patient care and the proper method of documentation	4.00 PM TO 5.30 PM
27.2.21	Saturday	Sports activities (Cricket/ Football/ tennis/ basketball) - Dr. Dheeraj Baliyan Dr. Lalita Chaudhary Dr. Virender Kumar	4.00 PM TO 5.30 PM
28.2.21	Sunday	Language & Computer Skill Batch B: Computer Skills: Lecture cum hands on workshop- Basics of Microsoft Excel, Powerpoint: Batch A: Humanities/English Language (Dept of English Language- Central Library and College Counselling Room above Principal Office	10.00 AM TO 1.00 PM
02.3.21	Tuesday	Basic Skills of Neonatal care, Life saving videos and techniques for children Dr. Vijay Jaiswal, Dr. Vikas agarwal, Dr. Archana, Dr. Ketu Chauhan, Dr. Antima (Anatomy Deptt.) FC 2.1 Perform Basic Life support in Skills lab FC 2.2 Perform First Aid in a simulated environment Hospital LT	4.00 PM TO 5.30 PM
06.3.21	Saturday	Sports activities (Cricket/ Football/ tennis/ basketball) - Dr. Dheeraj Baliyan Dr. Lalita Chaudhary Dr. Virender Kumar	4.00 PM TO 5.30 PM
07.3.21	Sunday	Language & Computer Skill Batch B: Computer Skills: Lecture cum hands on workshop- Basics of Microsoft Excel, Powerpoint:	10.00 AM TO

		<p>Batch A: Humanities/English Language (Dept of English Language-</p> <p>Central Library and College Counselling Room above Principal Office</p>	1.00 PM
09.3.21	Tuesday	<p>History of Outbreaks, Epidemics & Pandemics</p> <p>Part-I</p> <p>FC F.1</p> <p>Dr. Pratibha Rani Dr. Ketu Chauhan Dr. Sonali (Anatomy/Physiology/Biochemistry Deptt.)</p> <p>Define Pandemic and differentiate it from outbreak/epidemic. Identify the reasons and/or events that lead to pandemics int the past. Describe key strategie(by the State/Central Government , Non-Government Organization and society at large) that were adopted in prevention and control of these pandemics.</p>	4.00 PM TO 5.00 PM
13.3.21	Saturday	<p>Sports activities (Cricket/ Football/ tennis/ basketball) -</p> <p>Dr. Dheeraj Baliyan Dr. Lalita Chaudhary Dr. Virender Kumar</p>	4.00 PM TO 5.30 PM
14.3.21	Sunday	<p>Language & Computer Skill</p> <p>Batch B: Computer Skills: Lecture cum hands on workshop- Basics of Microsoft Excel, Powerpoint:</p> <p>Batch A: Humanities/English Language (Dept of English Language- Central Library and College Counselling Room above Principal Office</p>	10.00 AM TO 1.00 PM
16.3.21	Tuesday	<p>Time and Stress Management, Mastering emotions as a doctor</p> <p>Dr. Tarun Pal Dr. Shalini Gupta Dr. Lalita Chaudhary Dr. Preeti Rathi Dr. Pratibha (Physiology Deptt.)</p> <p>FC 4.7 Discuss the significance and methods of stress management and risk taking behavior. FC 4.9 Discuss the significance and appropriate ways of Time management FC 4.10 Demonstrate understanding of importance of interpersonal relationship while working in a health care team FC 4.11 Understand the role of mentoring</p>	2.00 PM TO 5.00 PM
20.3.21	Saturday	<p>Sports activities (Cricket/ Football/ tennis/ basketball) -</p> <p>Dr. Dheeraj Baliyan Dr. Lalita Chaudhary Dr. Virender Kumar</p>	4.00 PM TO 5.30 PM
21.3.21	Sunday	<p>Language & Computer Skill</p> <p>Batch B: Computer Skills: Lecture cum hands on workshop- Basics of Microsoft Excel, Powerpoint:</p> <p>Batch A: Humanities/English Language (Dept of English Language- Central Library and College Counselling Room above Principal Office</p>	10.00 AM TO 1.00 PM
23.3.21	Tuesday	<p>Ethical Vs unethical behaviour: Video Display & role play, Consequences of unethical/ unprofessional behavior:</p> <p>Dr. V. P. SINGH, Dr. Nikunj, Dr. shalini gupta, Dr. Rajkumar Goel Dr. Megha Dr. Alka (Physiology Deptt.)</p> <p>FC 4.1 Demonstrate understanding of the concept of Professionalism and ethics among health care professionals and discuss the consequences of unprofessional and unethical behavior FC 4.2 Demonstrate understanding that compassion, altruism, integrity, duty, responsibility and trust are the core values that defines the nature of the physician's work</p>	4.00 PM TO 5.30 PM
25.3.21	Thursday	<p>Handling a disabled patient (AETCOM Module) Showing Videos also</p> <p>Dr. Gyaneshwar Tonk Dr. Tarun Pal Dr. Keerti Rastogi</p>	2.00 PM TO

		Dr. Sonali Dr. Krishan Gopal (Biochemistry) FC 4.5 Discuss disability competencies	5.00 PM
27.3.21	Saturday	Sports activities (Cricket/ Football/ tennis/ basketball) – Dr. Dheeraj Baliyan Dr. Lalita Chaudhary Dr. Virender Kumar	4.00 PM TO 5.30 PM
01.4.21	Thursday	Respecting Cultural and Social Back-Ground of Patient Dr. Preeti Rathi, Dr. Yogita, Dr. Yogesh Manik Dr. Anshu Tandon (Physiology Deptt.) FC 4.6 Demonstrate understanding and respect of cultural diversities and interact with those with different cultural values FC 5.1 Demonstrate ability to communicate with patient and families, be aware of barriers to communication and appropriate ways to respond FC 5.2 Demonstrate use of local language in patient and peer interactions	4.00 PM TO 5.30 PM
03.4.21	Saturday	Sports activities (Cricket/ Football/ tennis/ basketball) – Dr. Dheeraj Baliyan Dr. Lalita Chaudhary Dr. Virender Kumar	4.00 PM TO 5.30 PM
04.4.21	Sunday	Language & Computer Skill Batch B: Computer Skills: Lecture cum hands on workshop- Basics of Microsoft Excel, Powerpoint: Batch A: Humanities/English Language (Dept of English Language- Central Library and College Counselling Room above Principal Office	10.00 AM TO 1.00 PM
06.4.21	Tuesday	Doctor patient relationship Role-play and Group Dynamics on -Doctor-patient relationship (AETCOM module 1.1 ,1.2, 1.4), Problem Encountered by Doctor at their Clinic -Doctor- Nurse Interaction -Nurse and Patient Relationship Dr. Pragya Kushwaha, Dr. Chhaya Mittal Dr. Keerti Rastogi Dr. Sonali Dr. Krishan Gopal (Biochemistry) FC 4.6 Demonstrate understanding and respect of cultural diversities and interact with those with different cultural values FC 4.12 Demonstrates understanding of the process of group learning and group dynamics FC 4.15 Understand collaborative learning FC 1.8 Demonstrate understanding the role of physician at various levels of Health care delivery FC 5.1 Demonstrate ability to communicate with patient and families, be aware of barriers to communication and appropriate ways to respond FC 5.2 Demonstrate use of local language in patient and peer interactions	2.00 PM TO 5.00 PM
08.4.21	Thursday	History of Outbreaks, Epidemics & Pandemics Part-2 Dr. Preeti Rathi, Dr. Antima Gupta, Dr. Keerti Rastogi (Deptt. Physiology/ Anatomy/ Biochemistry) FC F.1 Describe key strategie(by the State/Central Government , Non-Government Organization and society at large) that were adopted in prevention and control of these pandemics. Discuss the role which will be Played byt National and International bodies like WHO and ICMR, if these events take place. (Summarizing learning points)	4.00 PM TO 5.00 PM
10.4.21	Saturday	Sports activities (Cricket/ Football/ tennis/ basketball) – Dr. Dheeraj Baliyan Dr. Lalita Chaudhary Dr. Virender Kumar	4.00 PM TO 5.30 PM

11.4.21	Sunday	<p align="center">Language & Computer Skill</p> <p>Batch B: Computer Skills: Lecture cum hands on workshop- Basics of Microsoft Excel, Powerpoint:</p> <p>Batch A: Humanities/English Language (Dept of English Language- Central Library and College Counselling Room above Principal Office</p>	10.00 AM TO 1.00 PM
13.4.21	Tuesday	<p align="center">Health Care Delivery System</p> <p align="center">Dr. Tanveer Bano, Dr. Chahya Mittal, Dr. Vishnu, Dr. Antima (Anatomy)</p> <p>FC 4.4 Discuss the significance of working in a health care learn</p> <p>FC 3.3 Demonstrate understanding of the health care systems in India with reference to primary, secondary and tertiary level care</p> <p>FC 3.5 Demonstrate understanding of the structure and functioning of the community health center</p>	4.00 PM TO 5.30 PM
15.4.21	Thursday	<p align="center">Immunisation requirements of health care professional</p> <p align="center">Dept. of Community Medicine</p> <p>Dr. Megha Dr. Alka (Physiology)</p> <p align="center">Dr. Tanveer Bano</p> <p align="center">Vaccination for the MBBS Batch 2020 students</p> <p align="center">Department of Community Medicine</p>	4.00 PM TO 5.30 PM
17.4.21	Saturday	<p align="center">Sports activities (Cricket/ Football/ tennis/ basketball) –</p> <p>Dr. Dheeraj Baliyan Dr. Lalita Chaudhary Dr. Virender Kumar</p>	4.00 PM TO 5.30 PM
18.4.21	Sunday	<p align="center">Language & Computer Skill</p> <p>Batch B: Computer Skills: Lecture cum hands on workshop- Basics of Microsoft Excel, Powerpoint:</p> <p>Batch A: Humanities/English Language (Dept of English Language- Central Library and College Counselling Room above Principal Office</p>	10.00 AM TO 1.00 PM
20.4.21	Tuesday	<p align="center">Yoga and pranayama and it's impact on body parts and functions</p> <p>Dr. Lalita Chaudhary Dr. Preeti Rathi (Physiology Deptt.)</p> <p>FC 4.8 Understand the role of Yoga and meditation in personal health</p>	4.00 PM TO 5.30 PM
22.4.21	Thursday	<p align="center">Health care Visit (In rotation of 3 batches)at various centers:</p> <p>1. Dots centre and TB wards (batch 1)</p> <p>2. ART and ICTC Center (batch 1)</p> <p>3. PHC (batch 2)</p> <p>4. District hospital (batch 3)</p> <p>Department of Community Medicine and Microbiology</p> <p>Dr. Anil kumar Dr Arun Dr Chahaya Mittal</p> <p>Dr. Amit Garg Dr. K.P. Mishra Dr. Krishan Gopal Dr. Sonali (Biochemistry Deptt.)</p> <p align="center">FC 3.3 TO 3.6</p>	3.00 PM TO 5.30 PM
24.4.21	Saturday	<p align="center">Health care Visit (In rotation of 3 batches) at various centers:</p> <p>1. Dots centre and TB wards (batch 1)</p> <p>2. ART and ICTC Center (batch 1)</p> <p>3. PHC (batch 2)</p> <p>4. District hospital (batch 3)</p> <p>Under Department of Community Medicine and Microbiology</p> <p>Dr. Arun Kumar Dr. Amit Garg Dr. Antima Gupta Dr. Archana Dr. Ketu Chauhan (Anatomy Deptt.)</p>	3.00 PM TO 5.30 PM
27.4.21	Tuesday	<p align="center">Health care Visit (in rotation of 3 batches)at various centers:</p> <p>1. Dots centre and TB wards (batch 2)</p> <p>2. ART and ICTC Center (batch 3)</p> <p>3. PHC (batch 4)</p>	

		<p>4. District hospital (batch 1) Department of Community Medicine and Microbiology</p> <p>Dr. Arun Kumar Dr. Amit Garg Dr. Pratibha Dr. Anshu Tandon (Physiology Deptt.)</p> <p>FC3.3 TO 3.6</p>	<p>3.00 PM TO 5.30 PM</p>
1.5.21	Saturday	<p>Sports activities (Cricket/ Football/ tennis/ basketball) –</p> <p>Dr. Dheeraj Baliyan Dr. Lalita Chaudhary Dr. Virender Kumar</p>	<p>4.00 PM TO 5.30 PM</p>
02.5.21	Sunday	<p>Language & Computer Skill</p> <p>Batch B: Computer Skills: Lecture cum hands on workshop- Basics of Microsoft Excel, Powerpoint:</p> <p>Batch A: Humanities/English Language (Dept of English Language- Central Library and College Counselling Room above Principal Office</p>	<p>10.00 AM TO 1.00 PM</p>
04.5.21	Tuesday	<p>Tuberculosis in India A Social Taboo</p> <p>Dr. Santosh Mittal, Dr. Amit Garg, Dr. T.V.S. Arya(as moderator), Dr. Anuj, Dr. Vidit (Anatomy)</p> <p>FC 2.3 Follow bio-safety and universal precautions</p> <p>FC 2.6 Demonstrate appropriate response to needle stick injuries</p> <p>FC 2.9 Demonstrate awareness of significance of documentation in patient care and the proper method of documentation</p> <p>FC 3.1 Demonstrate understanding of the National Health Goals and Policies</p> <p>FC 3.3 Demonstrate understanding of the health care systems in India with reference to primary, secondary and tertiary level care</p>	<p>4.00 PM TO 5.30 PM</p>
06.5.21	Thursday	<p>HIV- Global Alert</p> <p>Dr. Amit Garg(microbiology) Dr. Sandhya Singh(Medicine)</p> <p>Dr. Antima, Dr. Archana, Dr. Ketu Chauhan (Anatomy Deptt.)</p> <p>FC 2.3 Follow bio-safety and universal precautions</p> <p>FC 2.6 Demonstrate appropriate response to needle stickinjuries</p> <p>FC 2.7 Demonstrate Biomedical Waste segregation (BMW), observe and explain the process of management of BMW in accordance with National Regulations</p> <p>FC 2.8 Discuss the Immunization requirements of Health care professionals</p> <p>FC 2.9 Demonstrate awareness of significance of documentation in patient care and the proper method of documentation</p>	<p>4.00 PM TO 5.30 PM</p>
08.5.21	Saturday	<p>Sports activities (Cricket/ Football/ tennis/ basketball) –</p> <p>Dr. Dheeraj Baliyan Dr. Lalita Chaudhary Dr. Virender Kumar</p>	<p>4.00 PM TO 5.30 PM</p>
09.5.21	Sunday	<p>Language & Computer Skill</p> <p>Batch B: Computer Skills: Lecture cum hands on workshop- Basics of Microsoft Excel, Powerpoint:</p> <p>Batch A: Humanities/English Language (Dept of English Language- Central Library and College Counselling Room above Principal Office</p>	<p>10.00 AM TO 1.00 PM</p>
11.5.21	Tuesday	<p>Self Directed Learning</p> <p>Goals in Doctor's Life</p> <p>Topics for Presentations FC4.11,FC4.14,FC4.15</p> <p>Dr. Yogesh Manik</p>	<p>4.00 PM TO 5.30 PM</p>

Dr. Lalita Chaudhary, Dr. Preeti Rathi & Dr Megha, Dr Pratibha (Physiology Deptt.)			
13.5.21	Thursday	<p>Leisure activity (Short movie with brief message)</p> <p>Dr. Vinod Chaurasia Dr. Keerti Rastogi Dr. Sonali (Biochemistry Deptt.)</p>	3.00 PM TO 5.00 PM
18.5.21	Tuesday	<p>Learning Skills</p> <p>Dr. K. P. Mishra</p> <p>Interactive sessions and Role-play on Pursuc to Happiness</p> <p>Dr Preeti Singh Dr. Seema Jain Dr. Sonali (Biochemistry Deptt.)</p>	4.00 PM TO 5.30 PM
20.5.21	Thursday	<p>Exercise & Yoga</p> <p>Dr. TVS Arya Dr. Lalita Chaudhary Dr. Anshu Tandon (Physiology Deptt.) Mind and meditation:(Breathing Exercises & Pranayama) External Resourse Faculty</p>	4.00 PM TO 5.30 PM
04.7.21	Sunday	<p>Leisure activity (Short movie with brief message)</p> <p>Dr. Vinod Chaurasia Dr. Keerti Rastogi Dr. Sonali (Biochemistry Deptt.)</p>	10.00 AM TO 1.00 PM
06.7.21	Tuesday	<p>Learning is a Life Long Process(Interactive Session)</p> <p>Dr. Devendra Saini, Dr. Sangeeta Yadav , Dr. Ketu Chauhan, Dr. Vedit (Anatomy Deptt.)</p> <p>FC 4.14 Demonstrates understanding of different methods of self-directed learning</p> <p>FC 4.15 Understand collaborative learning</p>	4.00 PM TO 5.30 PM
13.7.21	Tuesday	<p>Diet and Count your Calories(Interactive Session)</p> <p>Dr. Seema Jain Dr. K. Gopal Dr. Sonali (Biochemistry Deptt.)</p> <p>Exercise and Health Diet and Exercise</p>	4.00 PM TO 5.30 PM
15.7.21	Thursday	<p>Dr. Seema Jain</p> <p>Patient satisfaction vs client satisfaction</p> <p>A doctors perspective Interactive sessions and group work</p> <p>Dr. Yogita Singh, Dr. S. L. Verma</p> <p>Dr. Antima</p> <p>Dr. Anuj Dr. Ketu Chauhan (Anatomy Deptt.)</p> <p>Dr. Seema Jain</p> <p>FC 4.1 Demonstrate understanding of the concept of</p> <p>Professionalism and ethics among health care professionals and discuss the consequences of unprofessional and unethical behavior</p> <p>FC 4.2 Demonstrate understanding that compassion,</p> <p>altruism, integrity, duty, responsibility and trust are the core values that defines the nature of the physician's work</p> <p>FC 4.3 Discuss the value, honesty and respect during</p> <p>interaction with peers, seniors, faculty, other health care workers and patients</p> <p>FC 3.6 Demonstrate ability to obtain patient experiences</p>	4.00 PM TO 5.30 PM

		through patient and family interactions and relate these experiences to impact of environment and diseases	
20.7.21	Tuesday	Learning through simulations and skill labs: Under Guidance of Pre-Clinical HODs Rotation of Batch A B C D (Preclinical Departments) Visit to skill labs in groups: DME in coordination with anatomy, physiology, biochemistry	2.00 PM TO 5.00 PM
27.7.21	Tuesday	Basic Life Support Programin Batches Dr. Yogesh Manik Dr. Preeti Rathi Dr. Antima Gupta Dr. Archana Dr. Keerti FC 2.1 Perform Basic Life support in Skills lab FC 2.2 Perform First Aid in a simulated environment FC 2.3 Follow bio-safety and universal precautions	4.00 PM TO 5.30 PM
29.7.21	Thursday	--Reflections from students on foundation course --Address by dean and Closing Ceremony -- Valedictory session First Prof Faculty & HOD of Pre-Clinical and other Departments (Auditorium)	3.00 PM TO 5.00 PM

COLOUR CODING

Yellow – Orientation

Pink- Skill Module

Dark Green- Field Visit

Orange-Sports & Physical exercise, Leisure and extracurricular activities

Light Green – Professional Ethics

Blue – Communication Skills (Language and Computer Skills)

INSTRUCTIONS FOR THE STUDENT

All fresher students are required to follow these instructions:

1. Be in your seat 10 minutes before scheduled time
2. You are permitted to leave the class only after the session ends
3. Mobile phones to be switched off/silent mode/not permitted
4. Dress: casuals, medical white coat and shoes
5. Maintain silence while in session hall
6. Language and computer skills based on perceived need of learner (10-01 Pm) Sunday
 - a. Language enhancement (English/Hindi)
 - b. Computer skills – INCHARGE Mr. Ali
- c. Others-Debates, group discussion, loud reading, news-paper reading, medical videos, presentations for enhancing skills (for those who don't need point 6a. and 6b.)
Language class will happen in College Counseling Room in front of Central Library
7. Sports, physical and leisure activities (4-5pm) –INCHARGE Dr. Lalita Chaudhary.
 - a. Sports - Indoor and outdoor games in college stadium +and play- ground (badminton, cricket, basket- ball, Table tennis, carom, kho-kho, kabaddi) at Sports Stadium
 - b. Physical training (Yoga, aerobics, dance) at Auditorium, first Floor
 - c. Leisure (singing, dance, role play (Incharge for sociocultural activity- Dr. Lalita Chaudhary Dr. Virendrakumar), movies (Dr. Vinodkumar& Dr. Keerti) at Auditorium
8. **Rotation batch distribution-**
 - * 2 batch distribution for Computer and Language Class (as per roll numbers) - batch A- 1-50, batch B- 51-100
 - ** 4 batch distribution for Field Visits (as per roll numbers)- batch A-1-33, batch B-34-66, batch C-67-100

Key	Orientation- 30 hrs	Prof & ethics- 21 hrs	Skills - 24 hrs	Language & computer- 42 hrs	Comm. Visit- 8 hrs	Sports & Leisure activities- 21 hrs	Pandemics Module- 2 hrs F.1